

Partners



Are you interested in sharing
your skills or helping us?

Become a volunteer

It has its benefits!

- Introduction to organic gardening
- Free practical workshops
- Access to garden produce
- Socialization with like-minded people

Minimum ½ day per week

Contact us anytime before
June 20 each year.



Les Serres de Clara *Who are we?*

A team of horticulturists enthusiasts who coordinate work schedules and train participating gardeners.

Volunteers who help with gardening tasks and assist participants who need support.

Participants from local organizations or on their own initiative. They are introduced to gardening or cooking and share the labour in exchange for fresh fruits and vegetables.

A cook who oversees the collective kitchens.

A food aid counter, **Coup de pouce**, for families in the Sainte-Marcelle district of Saint-Jérôme.

Partnerships with different organizations to organize and hold gardening workshops.

Les Serres de Clara

181, Brière Street, Saint-Jérôme (Québec)

450 565-2998, ext. 121

serresdeclara@yahoo.ca

www.serresdeclara.org

The garden is located at the end of
8th Avenue in Saint-Jérôme.



Les Serres de Clara

A place of solidarity



www.serresdeclara.org

Our mission

To promote food autonomy and the health of our community by encouraging individuals and families to take action through cooperative gardening and collective kitchens. We also operate a counter dispensing emergency food aid.

Our projects are, first and foremost, outreach initiatives.

From garden to table

Resulting from a broad partnership with various Saint-Jérôme organizations, our projects serve 150 to 200 gardeners each year. In fall and winter, in the collective kitchen, they turn the fruits of their labours into appetizing meals.

The "community" aspect of the garden means that it is tended without dividing lots. All horticultural activities are done collectively. Harvests are redistributed to participants, organizations, and collective kitchens.

The Saint-Jérôme community garden

On a plot measuring nearly 50,000 sq.ft., participants and volunteers work together to grow and harvest almost 3,000 kilos of fruits and vegetables each season.

The garden is also a place for socialization and workplace integration for individuals with special needs.

Other community gardens

We rent garden plots each year so that families or individuals can grow their own fresh produce. Tenants can also turn to our team for expert gardening advice.

Collective kitchens

Through the development and operation of community kitchens associated with the gardens, we strongly encourage gardeners to go from garden to table!

The Harvest Festival closes the growing season and all participants, volunteers and partners are invited to celebrate in the garden. Tastings are organized to coincide with a visit to the garden. It's a wonderful occasion for all to share the season's accomplishments.



Les Serres de Clara

Support our mission

Individual solidary member ☐ 5\$
Corporate NPO member ☐ 25\$
Private business member ☐ 50\$

Voluntary donation _____ \$
(Receipt available on request)

Online donation:

www.canadahelps.org/fr/dn/31296

*Thank you for helping us
pay it forward!*

Name: _____

Address: _____

Phone: _____

Email: _____

Send your contribution to

Les Serres de Clara
181, Brière Street
Saint-Jérôme (Québec)
J7Y 3A7

