



de santé et de services sociaux











Are you interested in sharing your skills or helping us?

Become a volunteer

It has its benefits!

Minimum ½ day per week

Contact us anytime before June 20 each year.



Who are we?

A team of horticulturists enthusiasts who coordinate work schedules and train participating gardeners.

Volunteers who help with gardening tasks and assist participants who need support.

Participants from local organizations or on their own initiative. They are introduced to gardening or cooking and share the labour in exchange for fresh fruits and vegetables.

A cook who oversees the collective kitchens

A food aid counter, Coup de pouce, for families in the Sainte-Marcelle district of Saint-Jérôme

Partnerships with different organizations to organize and hold gardening workshops.

Les Serres de Clara

181, Brière Street, Saint-Jérôme (Québec) 450 565-2998, ext. 121 serresdeclara@yahoo.ca www.serresdeclara.org

The garden is located at the end of 8th Avenue in Saint-Jérôme.



Les Serres de Clara

A place of solidarity



Our mission

To promote food autonomy and the health of our community by encouraging individuals and families to take action through cooperative gardening and collective kitchens. We also operate a counter dispensing emergency food aid.

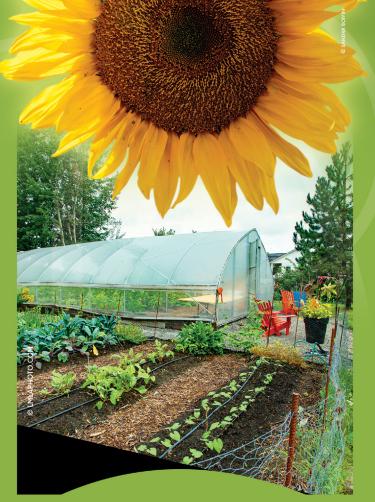
Our projects are, first and foremost, outreach initiatives.



Resulting from a broad partnership with various Saint-Jérôme organizations, our projects serve 150 to 200 gardeners each year. In fall and winter, in the collective kitchen, they turn the fruits of their labours into appetizing meals.

The "community" aspect of the garden means that it is tended without dividing lots. All horticultural activities are done collectively. Harvests are redistributed to participants, organizations, and collective kitchens.





Other community gardens

We rent garden plots each year so that families or individuals can grow their own fresh produce. Tenants can also turn to our team for expert gardening advice.

Collective kitchens

Through the development and operation of community kitchens associated with the gardens, we strongly encourage gardeners to go from garden to table!

The Harvest Festival closes the growing season and all participants, volunteers and partners are invited to celebrate in the garden. Tastings are organized to coincide with a visit to the garden. It's a wonderful occasion for all to share the season's accomplishments.

The Saint-Térôme community garden

On a plot measuring nearly 50,000 sq.ft., participants and volunteers work together to grow and harvest almost 3,000 kilos of fruits and vegetables each season.

The garden is also a place for socialization and workplace integration for individuals with special needs.





Jes Serres de Clara

Support our mission

Individual solidary member

Corporate NPO member

Private business member	50\$
Voluntary donation(Receipt available on request)	\$
Online donation: www.canadahelps.org/fr/dn	/31296
Thank you for help pay it forward!	ping us
Name:	
Phone:	

Send your contribution to

Les Serres de Clara 181, Brière Street Saint-Jérôme (Québec) J7Y 3A7